

# March 2022 Newsletter



## INTERNATIONAL WOMEN'S DAY



March 8<sup>th</sup> is International Women's Day! International Women's Day is a global day celebrating the social, economic, cultural, and political achievements of women. The day also marks a call to action for accelerating women's equality. As Little Scholars is run entirely by wonderful women, we take this day to appreciate all the amazing traits they bring to the center, and we recognize the importance of helping to educate the future generation about equality and kindness.

### Birthdays in March



\*All center birthdays will be celebrated on March 30<sup>th</sup> \*

Lily- March 3  
Ella (Tod B.) - March 5  
Morgan - March 6  
Mira - March 6  
Madison - March 6  
Lucas V.- March 6  
Vivian - March 9  
William- March 12  
Piper- March 14  
Rainey - March 16  
Emily M. - March 18  
Noah- March 18  
Carly- March 19  
Yara- March 20  
Paige- March 29

## UPCOMING EVENTS

Along with our regular music, dance, and French programs, we'll also be celebrating:

Pyjama Day- **March 3<sup>rd</sup>**

International Women's Day & Happy Holi- **March 8<sup>th</sup>**

Backwards Day- **March 9<sup>th</sup>**

Move Your Clocks Forward!- **March 12<sup>th</sup>**

St. Patrick's Day- **March 17<sup>th</sup>**- Wear green!

First Day of Spring- **March 20<sup>th</sup>**

Down Syndrome Awareness Day- **March 21<sup>st</sup>**- Wear mismatch socks!

Happy Ramadan- **March 22<sup>nd</sup>**

Wear purple to celebrate Epilepsy Awareness Day-  
**March 27<sup>th</sup>**

Celebrating ALL Center Birthdays: **March 30<sup>th</sup>**

### Social Media

Be sure to check us out on Facebook and Instagram to stay updated about the current events in the center!

### Staff of the Month

Congratulations to our staff of the month, Kayla! Thank you for all your hard work in the infant room! We appreciate everything you do!

The Hindu celebration of Holi is coming up on **March 8<sup>th</sup>**, and we wanted to share some fun ways to celebrate with your families!

Traditionally, coloured powder is thrown into the air and painted onto your loved ones in celebration, and to represent the coming of spring with its bright colours!

To make your own kid-safe colours, you can try:

- 1) Mixing a few drops of food colouring into 2 cups of corn starch!
- 2) Letting your little ones crush up some chalk on a piece of paper and then transferring it into a bowl

You can throw these into the air, create art with them, or add a little water to either mixture to make easy-wash paint! Have fun!



Happy Purim to those who celebrate on **March 6<sup>th</sup>**! We hope you have a wonderful day full of celebration and joy!



March 21<sup>st</sup> is Down Syndrome awareness day!

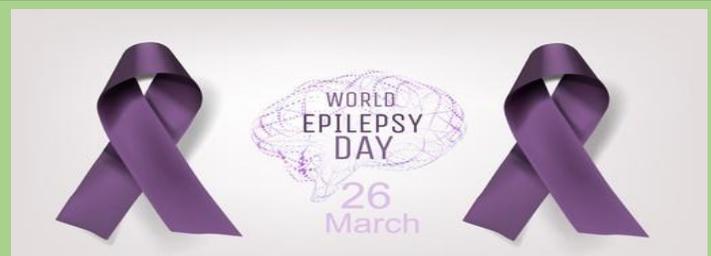
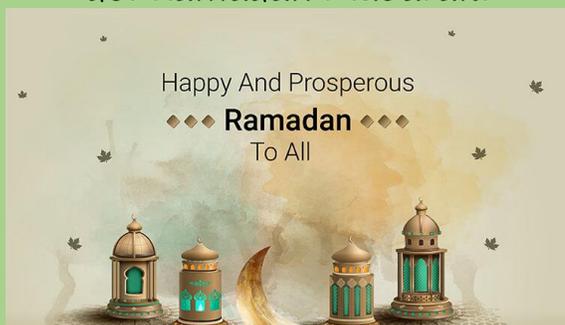
On this day, we have the chance to share ideas, experiences, knowledge, and important messages about Down Syndrome with the children in the center, and throughout the community. We can empower each other to advocate for inclusion to bring forth positive change!

On March 21<sup>st</sup>, we encourage everyone to wear mismatch socks! This creative initiative was started in 2013 and according to some advocates, socks were chosen because they are similar in shape to chromosomes. The campaign was later promoted as 'Lots of Socks,' and advocates around the world encourage people to wear colourful, mismatched socks on March 21 to mark the occasion and raise awareness around the disorder.

Ramadan begins on **March 22<sup>nd</sup>** this year!

It remembers the month that the Qur'an (the holy book for Muslims) was originally revealed to the Prophet Muhammad.

Those observing Ramadan will fast every day from dawn until dusk. It is a key element of the Islamic faith as part of the 'Five Pillars of Islam' that make up the 5 things that every Muslim must do. Ramadan Mubarak!



March 26<sup>th</sup> is World Epilepsy Day! Since it's on a Sunday this year, we will be wearing our purple shirts on Monday, March 27<sup>th</sup> in solidarity and to raise awareness!